

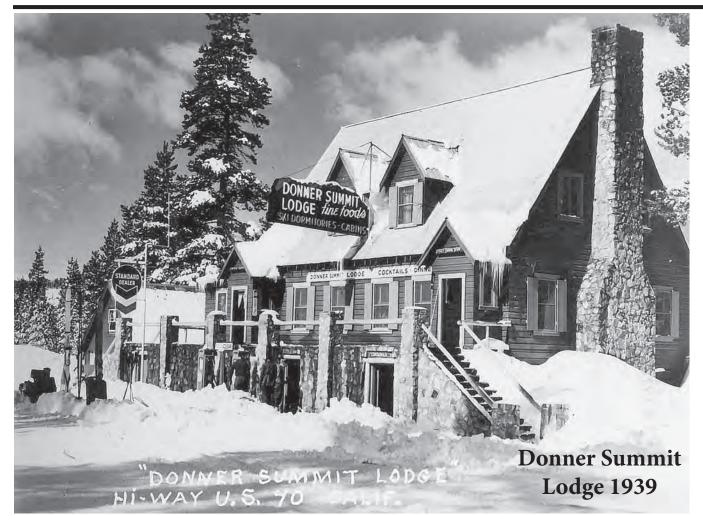
# SUMMIT RESTAURANT AND BAR

Phone: 530-426-3904

http://summitrestaurantandbar.com

email: maria\_at\_the\_summit@yahoo.com

Established - 2001 Soda Springs, CA Volume I Issue 1 Winter, 2013



# Donner Summit Lodge Open Every Day

**Winter Hours:** Sat/Sun 8 A.M. - 8:30 P.M. MWTHF Noon-8:30 P.M. Taco Tuesday: 4 P.M. - 8:30 P.M. The bar is open until the crowd is gone.

# **Short History of Donner Summit Lodge**

Ever since the Dutch Flat Wagon Rd. was built in the early 1860's to service the building of the Transcontinental Railroad, there have been hostelries along the route over Donner Pass.

The first auto to cross Donner Pass crossed in 1901 and the first motorcycle in 1903. The first successful "transcontinentalists" crossed the country using Donner Pass in 1903. With the arrival of the automobile, lodges began to spring up to service automobiles and provide relief for the "autoists".

By 1913 the first transcontinental highway, the Lincoln Highway, was in operation and auto traffic increased considerably. Small lodges and service stations were built along the route and early automobiles would have gone right past what is now Donner Summit Lodge. Once the highway was open in winter the lodges offered accommodations for snow sport enthusiasts.

In the first decades of skiing people stayed in the small lodges and the night life after skiing was vibrant. Since many of the accommodations and dining were communal, people socialized in the common areas.

Donner Summit Lodge was built in 1938 to take advantage of the growth of traffic over the, by then, year-round Highway 40. The lodge was expanded twice from the picture above, first just after World War II and then in the 1970's.

# **Extraordinary Donner Summit**

Donner Summit or Donner Pass is extraordinarily rich and historically it is the most important location in California and perhaps the entire Western United States.

Recreational opportunities abound: rock climbing, downhill skiing, road biking, snowboarding, mountain biking, hiking, lepidoptery, photography, bird watching, plein-air painting, and cross-country skiing.

The area is amazingly diverse biologically. There are over a hundred species of birds that visit Donner Summit. There are 115 species of butterflies, 16 species of amphibians, 500 species of plants, and many dozens of species of mammals. Some of those species are "special Status."

Donner Summit is the Sierra Divide and the source of three major rivers: the Truckee, the Yuba, and The American.

It is the history that really sets the area apart. Native Americans have been traversing Donner Pass and Summit Valley (Van Norden) for thousands of years. They came to spend their summers away from the Nevada heat and to trade with California Indians. In Summit Valley there are over a dozen mortar sites, some with many mortars. The Native Americans ground the mortars into the Sierra granite over many generations as they ground their seeds. There are many metates (larger grinding surfaces) scattered around as well. In one location there are also cupules (small depressions ground into the granite possibly for mystical reasons). Petroglyphs, which are thousands of years old, are in many locations.

The first wagons to reach California came through Summit Valley after the emigrants had conquered the hardest obstacle on their journey: the Sierra and Donner Pass. The first transcontinental railroad goes through Summit Valley as does the first transcontinental highway and the first transcontinental telephone line. Overhead, the first transcontinental air route crossed the Summit, the route marked by beacons on the surrounding peaks. Soda Springs Ski Hill is called Beacon Hill because a beacon was located there.

In Summit Valley there is a piece of the Dutch Flat Wagon Rd. that was hidden for almost a hundred years by Lake Van Norden. There is also a beautiful remnant of the Emigrant Trail as it winds through the forest on the edge of the meadow.

# Breakfast

Good Morning Summit Special:

#### EGGS

two eggs any style, bacon or sausage, potatoes and toast

Choose from the following - omelets all are accompanied with potatoes § toast

Bacon, Swiss § Tomato

Chili § Cheese

Mushroom, Sausage § Cheese

Salmon, Cream Cheese § Scallions topped with Parmesan

Cheese § drizzled hollandaise

Spinach, Avocado § Pepper Jack Cheese

12.00

Joe's Special: (a San Francisco Tradítion comes to the Summit) Scrambled eggs / ground beef / garlic / spinach / mushrooms / peppers & onions

Corned Beef & Eggs: two eggs, any style / served on top of fresh roasted corn beef / bell peppers & potatoes

Eggs Benedict

Breakfast Burrito: flour tortilla / scrambled eggs / cheese / jalapenos / potatoes & refried beans with your choice of ham / bacon or sausage 9.00

Breakfast Tacos: two corn tortillas filled with eggs / cheese / tomatoes with your choice of veggies / bacon / sausage or ham

8.00

8.00

Breakfast Sandwich: toasted ciabatta / eggs / cheese and your choice of ham / bacon or sausage

Machaca Con Huevos: carne asada / oníons / jalapenos / scrambled eggs served with refried beans & tortillas 11.00

Huevos Rancheros: flour tortilla / beans and eggs any style topped with jalapenos / pico de gallo / guacamole / sour cream / cheese & our own ranchero sauce

### Take-out

After a full day of skiing save yourself the trouble of cooking - We can prepare appetizers, platters, pizzas, entreés, and full meals.

Just give us a call: 530-426-3904

# The Coming of Modern Skiing

Before skiing became a popular participant sport it was mostly for spectators. People came to the slopes to watch ski races and ski jumping.

A few visionaries though, had a different idea. Skiing could become a participant sport too. They imported ski instructors from Europe, improved ski technique and instruction, improved equipment, ski lifts, and built lodges and small ski areas.

At first skiers arrived by train. There were train stations at Soda Springs and Norden here on Donner Summit. The station at Norden was actually in the snowsheds and there was a restaurant and ski rental inside.

In 1931 one of the "visionaries," Wendell Robie of the Auburn Ski Club, organized a ski jumping and slalom event. He invited the State legislature. Along with



11.00

11.00

12.00

the legislature 4,000 automobiles and their occupants crowded the highway up to Cisco Grove. That convinced the legislature that snow sports were popular and the road needed to be plowed. Highway 40 became a winter highway as well as a summer highway.

All along Old Highway 40, which runs right past the windows here, there were small "Mom and Pop" ski areas each with a rope tow or two and lodges where people could stay.

People came by the thousands to ski at the many ski areas on Donner Summit and leading up to Donner Summit.

Pictured above: the rope tow at Beacon Hill, now Soda Springs Ski Area.

Historic photographs courtesy of the Norm Sayler Collection at the Donner Summit Historical Society at the blinking light in Soda Springs www.donnersummithistoricalsociety.org



Rope tows helped popularize skiing by making ascents less difficult. Above, Soda Springs Ski Area





# OFF THE GRIDDLE

French Toast: fantastic multigrain bread dipped in our secret batter served with bacon or sausage	8.00
Summit Pancakes: two house made buttermilk pancakes served with your choice of bacon or sausage	9.00
Snow Park Special: we call it the works! Two piping hot pancakes / two eggs any style served with your choice of bacon or sausage	11.00

## A LA CARTE

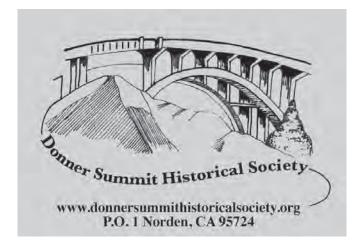
Biscuits & Gravy	7.00
Half Order	5.00
Two Eggs	3.00
Country Potatoes	4.00
Hot Oatmeal served with milk / brown sugar / nuts & cranberries	6.00
Bacon or Sausage	4.00
Turkey Bacon	5.00
Toast	3.00
Bagel & Cream Cheese	4.00

# MORNING BEVERAGE TREATS

Orange Juice / Cranberry Juice or Apple Juice	3.75
Mílk	3.75
Coffee / Tea or decafe	2.25
Hot Chocolate	3.50

Mímosas	<b>7.00</b>
Champagne	6.00
Tequíla Sunríse	7.00
Summit's Famous Bloody Mary	8.00

All Bloody Marys are made with our own secret recipe...



As skiing became a popular participant sport Highway 40 became a parking lot for the thousands of automobiles that arrived each weekend with happy skiers. These pictures were taken outside the Soda Springs Hotel in Soda Springs.

# Lunch & Dinner

APPETIZERS	
Mountain Nachos	9.00
Quesadílla	7.00
add chicken/beef or pork	3.00
Sweet Potato Fries	8.00
Beer Fries	8.00
Onion Rings	8.00
Chili Fries	7.00
Wings: Hot n Spicy/ Honey Mustard/Teriyaki	8.00
Calamarí: lightly breaded served with dill aiolí & cocktail sauce	12.00

Soup

Cup 5.00 BOWL 7.00

All of our soups are created and prepared fresh here at The Summit...

calling all Chili Lovers... cup 5.00 bowl 7.00

Ask about our award winning Chili!!

## Salads:

Soup and Salad Combo	9.00
Add Chicken 3.00 or Shrimp 6.00 to any of our specialty salads	5
Caesar	9.00
Salmon Caesar	14.00

Spicy Blue romaine lettuce/walnuts/spicy chicken/tossed in blue cheese dressing

A must for all blue cheese lovers!

María's Salad cranberries/candied walnuts/blue cheese tossed in raspberry vinaigrette Spinach Salad feta/mandarin oranges/red onions/ pine nuts tossed in a bacon vinaigrette

House Salad sm 5.00 la 7.00

Our customers call our house salad "a real" salad, fresh greens and fresh veggies....

Choose any one of our house made dressings to top it all off: Ranch, Blue Cheese, Italian or Thousand Island Dressing

P.O. Box 979

Soda Springs, CA 95728

Children's Menu Available on Request



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# **Sugar Bowl Acquires Royal Gorge**

When the Royal Gorge operation went into receivership in 2012 the question on people's minds was what would happen to Royal Gorge.

Royal Gorge was the premier and largest cross country operation in No. America but it had slid downhill in recent years.

The Truckee Donner Land Trust has led an effort to acquire all 3,000 acres of Royal Gorge property so the land will be open in perpetuity. As part of that deal, Sugar Bowl has traded its half of Van Norden Meadow for the Royal Gorge Summit Station and operation.

Once that part of the deal was set and the bank had signed off on Sugar Bowl running Royal Gorge, the hard work began: hiring employees, hiring a general manager, addressing deferred maintenance, buying new groomers, and getting the word out to the public that the Royal Gorge brand is on the way up.

Rob Kautz is Sugar Bowl's CEO and he says, "Sugar Bowl is committed to returning Royal Gorge to its position as North America's pre-eminent and elite cross country ski resort."



12.00

# Royal Gorge New **General Manager**

Jo Jo Toeppner is the new G.M. at Royal Gorge and she is a "pistol." She is full of ideas, energy and enthusiasm to bring Royal Gorge back to it's old glory and then go further. When Jo Jo gets to the "go further" part she adds emphasis, straightens up and smiles

We will have the "friendliest staff you're ever going to meet...as soon as you walk in the door [they will] give you a smile." She is aiming for a hometown feel to the Royal Gorge operation where everyone knows your name.

In addition to the improved customer service Jo Jo is working on the cosmetics, the grooming, and the myriad of other details that go into a first class operation.. "If it looks good and the grooming is great...they will come," she says.

There will be a few events this year, but mostly they will be focused on the daily customer experience. They have finalized a deal with the Boy Scouts for a cook house where refreshments will be sold. Two ski lifts will be in operation.

# California Fresh Grilled Items and More.....

Grílled Salmon on a cíabatta roll/spínach/shredded carrots and	
a díll aíolí	14.00
Físh n Chíps	13.00
Pesto Melt on a ciabatta roll/turkey/pepperjack cheese & pesto sauce	13.00
Seasonal Veggie Delight: seasonal Veggies/ avocado	
and your choice of cheese	11.00
French Dip created with our own brined roast beef	11.00
Steak Sandwich grilled to perfection topped	
with mushrooms & onions	15.00
Philly Cheese Steak grilled roast beef/ mushrooms/ bell peppers	
& mushrooms	11.00
Tradítíonal Ruben served on marble rye	12.00
BLTA served with loads of bacon & Avocado served on	
multí-graín bread	10.00
Grilled Cheese filled with tomatoes/ avocado/ swiss & cheddar cheese	12.00
Grilled Ham n Cheese served with a spread of honey mustard and	
all the fixin's	11.00
Soccer Girls' Famous Chicken Cesar Wrap served in a spinach tortilla	11.00
Tradítíonal Delí Sandwich / Ham / Turkey or Roast beef	10.00
· · · · · · · · · · · · · · · · · · ·	

All sandwiches come with your choice of soup/salad or fries!!

Sub Beer Fries/ Sweet Potato Fries or Onion Rings for	3.00
Add Avocado to any sandwich for	2.00

We purchase all of our breads from a local bread company containing no preservatives or additives, it's a little more work on our part but well worth the flavor! Enjoy...

## Pízza

Create your own 14" pízza by choosing any three toppings: pepperoni / italian sausage / ham / onions / bell peppers / olives / mushrooms / tomatoes / arti-choke hearts / jalapenos or pineapple

	16.00
For chicken add 3.00	
14" Cheese Pízza	12.00
14" One Topping Pizza	14.00
14" Hawaiian Pizza w/ ham & pineapple	15.00
14" BBQ Chicken Pizza w/ red onions / bacon / tomatoes & chicken	17.00
14" Veggie Pizza w/spinach/mushrooms/artichoke hearts/	
tomatoes g olives	16.00

#### PASTA

Cheese Ravioli topped with our marinara sauce	12.00
Penne Pasta served with chicken & a chimichurri cream sauce	13.00
Fettuccini Pasta served with pesto/artichoke hearts/zucchini	
g sun dried tomatoes	11.00

Add soup or salad for 4.00



www.sugarbowl.com



# Royal Gorge

www.royalgorge.com

# Royal Gorge is not just for Skiers.

Royal Gorge is not just for cross country skiing. There are tracks on which you can snowshoe. Those trails are marked both on the trails and on the Royal Gorge map.

#### **Royal Gorge Loves Dogs Too**

You can take your dogs on some Royal Gorge trails. On the east end of Van Norden Meadow there is a trail called, "Snoop's Loop" on which dog-loving cross country skiers can bring their dogs. You can also bring your dogs on the trail that runs along the north side of the meadow. Those trails have signs allowing dogs.

#### And in the Summer

The Donner Summit Community will be developing mountain biking and hiking trails on the Royal Gorge properties. Be sure to check out the summer Summit activities: www.roygalgorge.com



# The Summit's Famous Burgers

"Voted best Burgers in Tahoe"

Bacon Cheese burger	11.00
Chílí Burger served open face with our award winning chílí and the works	14.00
Western Burger topped with BBQ sauce, bacon, cheddar cheese & onion rings	13.00
Blue Cheese Burger topped with sautéed mushrooms § melted bleu cheese	12.00
Californía Burger topped with spinach, shredded carrots, avocado & cheese	12.00
Patty Melt grílled marble rye, sautéed onions, and swiss cheese	12.00
Teríyakí Chicken Burger with melted swiss cheese	11.00

All burgers come with our house made fries! See below for customizing options...

Go for our original and create your own customized burger...

Half-Pound Sirloin Burger, Chicken or Veggie
Burger served with fries 10.00

Customízíng is our specialty: choose from cheddar, pepper jack, swiss or provolone cheese, bacon, avocado, mushrooms, or caramelized onions all items range between 1.25 to 1.95 - go for it!

Customize your side as well: sub your fries for sweet potato fries, beer fries or onion rings 3.00 or sub a salad 3.00



The first wagon trains took a detour before they reached the site of this restaurant. They went across Summit Valley and then up Soda Springs Rd. to what is now Serene Lakes before heading downhill to California.

With the coming of the railroad though, a major wagon route came right past here. It was the Dutch Flat Donner Lake Wagon Rd. It was built by the railroad from 1862 to 1864 and was used as a toll road for freighters and a supply road for the railroad.

As the railroad building progressed across the Sierra "end of track" moved uphill. Wherever end of track was a town would grow up and there would be stage and freight service for the rest of the trip over the Sierra. Small hotels were built all along the route, including a couple on Donner Summit.

The railroad marketed the new road as a big improvement over the Placerville Rd. over the Sierra and the road saw very heavy usage. In 1867 58 train car loads of freight a day were unloaded at Cisco onto freight wagons to travel over the Summit pm tje Dutch Flat Rd.t.

By the time the railroad was complete almost all freight switched to the railroad. The Dutch Flat Rd. fell into disuse and the hotels were abandoned.

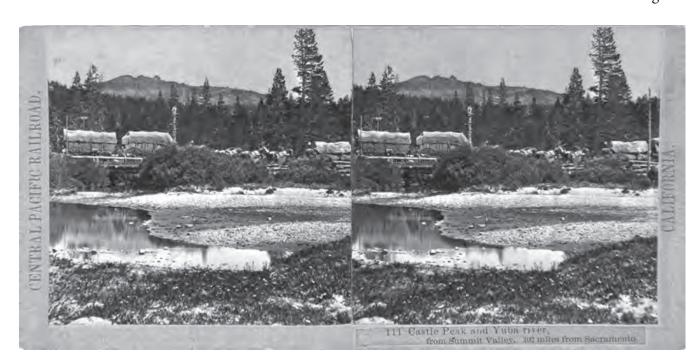
#### Stampeding Oxen, Blindfoled Mules

There were some interesting sights on the road. For example, the locomotive Sacramento was hauled on wagons from Gold Run to the Summit to work as donkey engine over the central shaft of the summit Tunnel #6 in 1867.

"Missouri Bill" hitched 10 yoke of oxen (20 oxen) to his logging wagon which had two foot wide wheels so it would not sink into the mud. The huge wagon load was such a scary sight to oncoming traffic that is caused a one stampede and "raised hell on the trail." "There was trouble every day" and "stage horses would balk at the sight of her." Eventually oncoming teamsters blindfolded their mules so they would not run off when they saw the engine coming. It took six weeks for the locomotive to come from Sacramento to Donner Summit.

Later in 1867, during the winter, a whole locomotive, forty miles of track, and parts for railroad cars were taken over the Summit on the road – in the middle of winter. Oxen wore "shoes" so they would not sink too far into the snow.

You had to be tough to live in those days.



In the old days when there were not televisions, video game consoles, MP3 players, etc. people got enjoyment by passing around stereopticon viewers like the one above. The double pictures, like the one to the left and the one in the viwer here, were 3D!

With these viewers people could experience the wonders of the world before the internet. The slide in the stereopticon above shows a view through the snowsheds to the front door of the old Summit Hotel which sat at the Summit on the railroad route.

### Dinner

Scott's Famous Teríyakí Chícken Tender breast of chícken símmered ín Scott's teríyakí sauce accompaníed by ríce

16.00

Chicken Florentine

Seasoned chicken breast topped with a spinach & fresh vegetables sautéed / house red sauce / melted mozzarella accompanied by pasta

17.00

Marinated Grilled Shrimp served over a Beurre Blanc pasta

17.00

Grilled Steak Selection

Ask your server about our hand-cut steak selection

Market Price

Grilled Seafood Selection

Ask your server about our fresh seafood availability

Market Price

Eggplant Parmesan

Encrusted in herbed breadcrumbs topped with mozzarella cheese and a house red sauce accompanied by pasta 16.00

All dinner entrées come with a seasonal vegetables and your choice of soup or salad...

## Thirst Quenchers:

Coffee, Tea & Decafe

2.25

Pepsi, Diet, Sierra Mist, Root Beer, Lemonade and Ice Tea 2.25

Juíces 3.75

Mílk 3.75

From the Bar

Ask to see our Specialty Drinks Menu, which includes our Wine List

Coors, Coors Light, Bud, Bud Light, Miller Light 3.50

Choose from our wide selection of Premium Drafts 4.50

we also have a full bar so let your imagination go wild....

Don't forget to try "Our Famous Bloody Mary" you don't want to miss it!

The First Ski Lifts

In the old days avid skiers would make only a few runs to the top of a hill in a day. They could only make as many runs as they had energy to climb the hills.

Ski promoters knew that in order for skiing to become popular there had to be a better way of getting skies to the top so they could ski down.

There were many experiments and eventually ski areas settled on rope tows intially powered by automobile engines. For example, Johnny Ellis had three rope tows as Lake Mary and what is now Donner Ski Ranch, one powered by a Model A automobile.

Other things were tried though on the way to rope tows. One as the Up Ski or Boat Tow. Dennis Jones built on at Beacon Hill (now Soda Springs Ski Area). It consisted of two sleds, one of which you can see below.



Skiers would removed their skis and sit down facing backwards and be pulled up the hill. As one sled ascended the other descended.

It was not convenient for skiers and did not survive. One last piece still sits at Cisco Grove on the hillside overlooking the freeway (below).

The Auburn Ski Club had a boat sled at Cisco Grove. Some time in the 1930's it was abandoned in favor of a rope tow and one of the sleds still sits on the mountain above the freeway as you can see here. Rope tows eventually gave way to chair lifts. The first chair lift in California was built at Sugar Bowl. It was a single seater. Those singled seaters gave way to dou-

bles and finally, to high speed quads and even bigger lifts.



Children's Menu Available on Request

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Auburn Ski Club's Western Ski Sport Museum At Boreal Fri-Mon 10 - 4 **PM**